

If you are concerned that your child may have a disability,
contact your local school district or charter school for
more information about the Child Find process.

LOCAL CONTACT
INFORMATION:



A large, empty white rectangular box with rounded corners, intended for local contact information.

Education Service Center, Region 20 provides technical
assistance to families and schools related to **CHILD FOND**.

**For questions and more information contact a
specialist at 210-370-5411.**

CHILD FOND
EDUCATION SERVICE CENTER, REGION 20



DEVELOPMENTAL MILESTONES



SHOW



GROW



GO

This milestone checklist is designed to help parents and educators understand what typical developmental skills can be expected in children by certain ages. If you know a child that has not yet reached these milestones, connect with your local school district for more information.



	2 YEARS	3 YEARS	4 YEARS	5 YEARS
LANGUAGE & COMMUNICATION	<ul style="list-style-type: none"> Uses more words than gestures Begins to use 2-word phrases Uses and understands at least 50 words including some action words Uses pronouns such as Me, My, You 	<ul style="list-style-type: none"> Consistently speaks in 2-3 word phrases (knows at least 100 words) Most speech is easily understood by family Asks simple questions starting with "What" and "Where" Understands and follows 2-step directions ("Take off your shoes and put them away.") 	<ul style="list-style-type: none"> Correctly uses plurals and pronouns (he and she) Tells a story in a general sequence Sings songs from memory Uses a variety of words in sentences that are easily understood by family 	<ul style="list-style-type: none"> Speaks clearly and is easily understood by people other than family Speaks in full sentences Speaks about past and future events using correct tense Retells stories and events with sequenced parts and details
PLAY & SOCIALIZATION	<ul style="list-style-type: none"> Enjoys the use of toys in pretend play (using a phone to talk or feeding a baby doll) Shows interest and enjoyment when listening to stories Shows excitement to play alongside other children (may copy the play style of others) Consistently responds (verbally or nonverbally) when someone calls their name 	<ul style="list-style-type: none"> Shows empathy by comforting others when sad, crying, or hurt Asks for help when needed and participates in helping when asked (cleaning up) Shows a variety of emotions Participates in turn taking within a group 	<ul style="list-style-type: none"> Engages in pretend play with roles or characters (mom/dad, superhero, doctor/policeman) Seeks out and shows preference to play with others rather than alone Shares about areas of interest Plays cooperatively in a group of other children 	<ul style="list-style-type: none"> Shows a desire to please adults and be liked by peers Recognizes the feelings and perspective of others Easily transitions between tasks and shows flexibility in play Understands the concept of right and wrong, rules, and expected behavior
MOTOR & PHYSICAL	<ul style="list-style-type: none"> Throws and kicks a ball a short distance without losing balance Begins to run with coordinated movement Walks up and down stairs while holding a rail or the hand of an adult Climbs up and down from a chair or couch without assistance 	<ul style="list-style-type: none"> Runs smoothly for short distances without falling Begins to dress and undress articles of clothing Walks up and down stairs with alternating foot movement Climbs furniture and playground equipment well 	<ul style="list-style-type: none"> Hops and stands on one foot without losing balance Eats independently with little assistance needed Shows eye-hand coordination when cutting with scissors Pedals and rides a tricycle 	<ul style="list-style-type: none"> Hops with ease, beginning to skip Completely independent with toileting skills Brushes teeth without assistance Fastens and unfastens buttons, zippers, lids, and other small closures
COGNITION & INDEPENDENCE	<ul style="list-style-type: none"> Finds things when hidden out of sight Sorts simple items into groups (by similar shape or color) Names common objects in books or the environment around them Shows preference for using one hand more than the other 	<ul style="list-style-type: none"> Understands opposites, why questions, and concepts such as "Yours" versus "Mine" Feeds self with utensils Understands 1:1 number correspondence (knows when there is one or two of something) Draws purposeful shapes and images (circle) 	<ul style="list-style-type: none"> Knows and will state first name, last name, and age Understands the concept of counting (names some numbers and shapes) Understands the concept of "same" versus "different" Draws a simple image of a person with primary body parts 	<ul style="list-style-type: none"> Understands the difference between real and make-believe Begins to print letters and shapes Counts up to ten items Shows a general understanding of everyday concepts like money and time